



MULTI SPORTS CAMP

Experience over 15 different sports from around the world with the US Sports Institute. All activities will take place in an atmosphere which promotes good sportsmanship teamwork and most of all fun. Campers will receive Technical Instruction in each sport then experience the sport in a realistic game situation as well as participating in the exciting USSI World Cup Competition. Campers will receive a t-shirt and certificate. This is the only sports camp truly dedicated to children of all sporting abilities.

Location: *Lawn Avenue Fields*
Dates: *Jul 11 – 15, 2011*
Ages: 5 to 14 year olds
Time: 9am to 12.30pm (5-14 year olds)
9am to 4pm (6-14 year olds)
Cost: Half Day \$139
Full Day \$179

SPORTS SQUIRTS PROGRAM

The Sport Squirts program introduces children aged 3 to 5 to a variety of sports such as Soccer, T-ball, Basketball, Lacrosse and Hockey, all taking place in a safe structured environment ensuring learning is taking place. Activities are designed to evoke a child's imagination in which they can Find Nemo, send Shrek into a spin or capture Jellyfish with Sponge Bob Square Pants. All activities promote hand-eye coordination, movement and balance and most importantly Fun, Fun, Fun.

Location: *Lawn Avenue Fields*
Dates: *Jul 11 – 15, 2011*
Ages: 3 to 5 year olds
Time: *4.30pm – 5.30pm*
Cost: \$79